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Charitable Registration No. 11885 2953 RR0001









## CHILDREN COUNT TOO!

## An Anger Management Group for Children

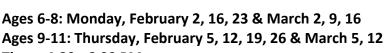


This FREE supportive, educational, and fun group will help children better understand their anger and learn positive and healthy ways of expressing this feeling.



This 6 session program will:

- Provide a safe place for your child to learn to talk about his/her anger and other feelings
- Help your child to identify what makes him/her angry
- Help your child to develop self-esteem
- Demonstrate communication, problem-solving and coping skills
- Teach your child how to express anger in safe and healthy ways



Time: 4:30 - 6:00 PM

Location: Richmond Caring Place, 7000 Minoru Blvd, Richmond Facilitators: Sonya Thind (ages 6-8); Vanessa Waechtler (ages 9-11)



To register for ages 6-8, please call:

Sonya Thind @ 604-279-4299 x 2





Vanessa Waechtler @ 604-279-4299 x 3















