



'intheknow'

education + networking sessions

RICHMOND COMMUNITY SITE



Together-Centred[®] for Child & Youth Mental Health 'in the know' is a monthly networking and information sharing session that explores topics related to child and youth mental health and substance use challenges for families and those working with young people and families.

Participate in person at a community site near you or view a webinar from our library online anytime.

For more information and other topics go to www.familysmart.ca/in-the-know



'in the know' webinars and guest speaker presentations are free of charge.

all are welcome!

Child & Adolescent Program-200 - 6100 Bowling Green Road, Richmond (*Please ring bell for entry into building*)

"The Four Step C.A.R.E. Model of Conflict Management"

This webinar will provide families who parent kids with mental health challenges with effective strategies for managing ongoing and severe caregiver/child conflict.

> Thursday, November 15, 2018 6:30pm – 8:00pm

Please RSVP by phone or email to: Jamie.agtarap@familysmart.ca / 1.855.887.8004

The Institute of Families is proud to be affiliated with HeretoHelp. HereToHelp is a project of the BC Partners for Mental Health and Substance Use Information, a group of non-profit agencies providing good-quality information to help individuals and families maintain or improve their mental well-being. The BC Partners are funded by the Provincial Health Services Authority. For more information, visit www.heretohelp.ca.